

Fabric Hearts

Thank you for your time and dedication to our Crafting for a Cause volunteer team.

Being a part of this wonderful team is a very special way to give back to your community. You are always welcome to schedule time to work in the SPL Makerspace or independently at home.

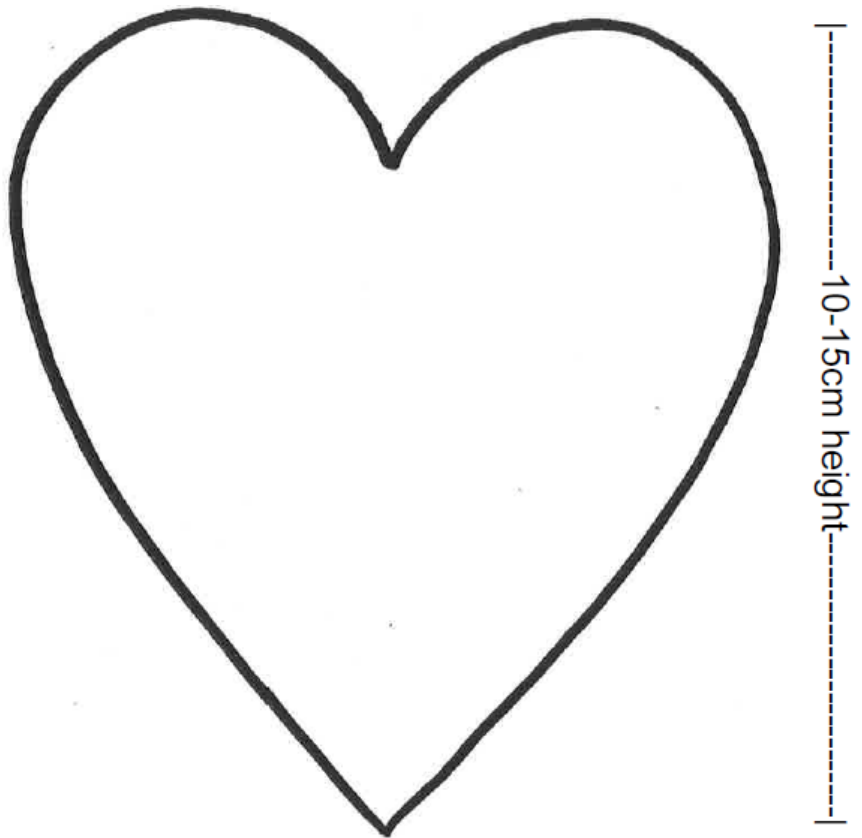
Our current Crafting for a Cause partnership is with the NICU at PRHC making fabric hearts.

What is the NICU fabric heart program?

Hearts are given to parents whose infants are cared for in the Neonatal Intensive Care Unit at PRHC. Parents wear these hearts next to their skin, absorbing their respective scents. Mothers may choose to wear a heart inside a bra. Mothers and Fathers may choose to pin a heart to the inside of their shirt. The hearts are taken to the NICU and placed in the isolettes with the infants whereby the infants can continue to bond with the parents even when the parents are unable to be present. The nurses in the NICU will further instruct parents on the use and handling of the fabric hearts.

How do I make the fabric hearts for NICU babies?

- Please **ONLY** use soft cotton flannelette material.
- The heart is created with 2 heart-shaped pieces of material sewn together back-to-back, **without stuffing**. We have provided the template and correct sizing for the **finished product**.
- The hearts need to be sewn inside out and then turned right side out and sewn again so there are **no ragged edges**.
- Please wash the hearts in a neutral detergent if you can.
- **Drop off finished hearts to the SPL Makerspace during open hours.** Our staff have a special nurse we coordinate drop-off with ♥



We encourage all handmade items to be made in a clean, smoke-free, pet-free environment.

For questions, contact makerspace@mypubliclibrary.ca or 705 651-8601. SPL Makerspace is located at 1 Bridge St., Lakefield.